

# RPEA RIVERSIDE



Retired Public Employees' Association of California  
Chapter 15 – Riverside California Area VI Newsletter Issue 2 of 5



## YOU ARE INVITED TO JOIN US FOR LUNCH!

**When?** Thursday, May 25, 2023 11:30 a.m. to 2:00 p.m.

**Where?** Meeting Room D, Janet Goeske Senior Center, 5257 Sierra St., Riverside

**Be sure to let us know you're coming!** Make your reservation before noon on Thursday, March 18. Phone Shirley Muntz at 951-359-4520 or email her at rivshirley3@icloud.com.

**Reservations are required!** If you have made a reservation and find you cannot attend, please let Shirley know as soon as possible so that the lunch order is accurate.

**Lunch by Thomas Catering:** Green Salad, Chicken Cordon Bleu, Rice Pilaf, Carrots, Rolls with butter, Cheesecake

**Lunch Price:** No charge. Reservations are required!

**Program:** Our guest speaker will be Larry Gonzalez, Riverside Chief of Police, who will give an update on current legislation and important decisions in Sacramento that affect our local law enforcement and first responders. There will be time for him to answer questions.

**Door prizes:** After the program, we'll have our 3-tickets-for-\$1 drawings.

**Safety Protocol:** Masks are optional.

**Reminder:** Arrive a little early to allow time to sign in at the Goeske reception area.

**Don't forget to bring canned and packaged food** to help restock the Goeske Food Pantry. We can lend a "helping hand" to those who are less fortunate. **Also remember to bring used books** for the Chapter Book Exchange.

### AMBA BENEFITS AVAILABLE TO RPEA MEMBERS

Did you know that RPEA has partnered with Association Member Benefits Advisors (AMBA) so that our members have access to exceptional member benefits (including insurance for health, dental, vision, hearing, accident, and home health care.) For more information, phone Maria Swanson at 1-909-556-3500, or email her at

Maria.swanson@amba.info.

#### IN MEMORY OF



**ANN RICE**  
(Running Springs)

**WILLA WOOD**  
(Riverside)



**A warm welcome awaits our newest  
Chapter 15 members!**

<b>Virgilio Buscagen</b>	<b>Moreno Valley</b>
<b>Mary Calderilla</b>	<b>Riverside</b>
<b>Gerald Cornelison</b>	<b>Riverside</b>
<b>Phoebe Gentis</b>	<b>Corona</b>
<b>Fumie Hautala</b>	<b>Riverside</b>
<b>Mary Valenzuela</b>	<b>Perris</b>
<b>Janet Whiting</b>	<b>Riverside</b>

**STRONGER  
TOGETHER**

#### MEMBERSHIP REPORT As of March 8, 2023

Total number of Chapter 15 members: 569

Active: 512                      Chapter Associates: 1

Beneficiaries: 41              State Associates: 12

Affiliates: 3

Annie James, Membership Chair

#### TREASURER'S REPORT

As of April 4, 2023, the balance of the Chapter 15 account totaled \$10,568.24.

Copies of the current financial statement will be available at the general meeting.

Joseph Gonzalez, Treasurer

#### CHAPTER 15 OFFICERS AND BOARD MEMBERS

(telephone area codes are 951 unless otherwise indicated)

<b>PRESIDENT</b> Margaret Brown	949-616-6150	<b>HEALTH BENEFITS</b>	Norma Carter	924-2208
<b>VICE PRESIDENT</b> Andy Stonebreaker	830-4936	<b>NEWSLETTER EDITOR</b>	Linda Stonebreaker	784-1060
<b>SECRETARY</b> Annie James	992-8508	<b>LUNCHEONS</b>	Laura Gazaway	689-8999
<b>TREASURER</b> Joseph Gonzalez	536-4614	<b>HOSPITALITY</b>	Joyce Edey	909-856-4301
<b>SUNSHINE</b> Helen Lair	683-7666	<b>MEMBERSHIP</b>	Annie James	992-8508
<b>COMMUNICATIONS</b> Shirley Muntz	359-4520	<b>GOESKE PANTRY</b>	Norma Carter	924-2208
<b>HISTORIAN</b> Kathy Johnson-Sanders	601-1356	<b>PAST PRESIDENT</b>	Wes Stonebreaker	784-1060
<b>BOOK EXCHANGE</b> Dorothy Stutz	909-872-0350	<b>AREA VI DIRECTOR</b>	Nelly Van Lommel	909-519-7390

### UPDATE: LONG-TERM CARE CLASS ACTION LAWSUIT

All Participating Settlement Class Members should have, by now, received a notice of the second Proposed Class Action Settlement. **Using your unique ID Number and PIN, a claim must be submitted online at [www.CalPERSLTCClassAction.com](http://www.CalPERSLTCClassAction.com) by the June 6, 2023 deadline.** Any Class Member who has NOT received the notice should call the Settlement Administrator at 1-866-217-8056.



### ABOUT YOUR COLA AND INFLATION

As a CalPERS retiree, you may be wondering when you are to receive your annual Cost-of-Living Adjustment (COLA). Here's the information CalPERS has posted on their website:

Retirees typically receive an annual COLA paid on the May 1 benefit payment. The law requires retirees receive their first COLA in their second calendar year of retirement. That means if you retired in 2020 you got your first COLA in May 2022. If you retired in 2021, you see your first COLA in May 2023. COLAs are limited to a maximum of 2% compounded annually for all school retirees and First-Tier State of California retirees. Second Tier State of California retirees receive a fixed 3% COLA. Public agencies contract with CalPERS for their COLA (ranging from 2% TO 5%), so it depends on what your agency contract stipulated. Your COLA allowance can equal but not exceed the rate of inflation using the U.S. City Average. The law also limits your annual adjustment to the rate of inflation or the COLA based on your agency's contract with CalPERS—whichever is lower.

The Purchasing Power Protection Allowance (PPPA) protects against inflation for those whose benefits fall below minimum levels established by law.

If you have questions about your COLA, you can phone CalPERS AT 1-888-225-7377.



Retired Public Employees' Association  
RPEA Chapter 15 - Riverside  
PO Box 53498  
Riverside, CA 92517

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### SAVE THESE 2023 DATES!

#### Luncheons

May 25

September 28

November 16

#### Board Mtgs.

August 17

October 19

December TBA

Details will be in the newsletter mailed to you prior to each luncheon.

### TOO MUCH SALT?

According to the JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY, too much salt can damage your blood vessels, heart, kidneys, and brain. The USDA recommends that healthy adults consume no more than 2,300 milligrams of sodium per day. It's important to monitor sodium intake!

Don't  
Think  
Too much.

you'll create a  
problem that  
wasn't even there  
in the first place.