

## THE CHAT NEWSLETTER

Retired Public Employees' Association
Burbank Chapter 026 Area V

We are active and retired California public employees working together to maintain and improve the quality of the lives of our members by protecting and improving retirement, medical, and other benefits.



MESSAGE FROM YOUR CHAPTER PRESIDENT



After the picnic style lunch, our April meeting speaker, Georgia Harrell, gave us some very good information on how to keep our brain healthy. For those of you that missed the meeting, the steps are very simple. Drink tap water, eat fish, exercise, learn something difficult, get deep sleep, learn deep breathing, and think positive. I believe any of us can do these things, start slow, and add one thing a day. I look forward to hearing how you are doing. Can't believe we are half way through the year! Time just keeps going faster and faster. Now, we look forward to our June meeting. We are going to meet J.J. Jelinik, who is running for the CALPERS Board and you will be ask questions of the prospective candidate. We will also be entertained by the ukulele class that meets at the Joslyn Center. I have heard them and they are quite good while having a good time. Most of the members take the class with no prior ukulele skills. We are planning on having some different lunches in the future! So, be sure and read the newsletter for any special instructions. Please let us know how you feel about the lunches, and if there is something else you would like. I thank the Board and you, the members, for your continuing support and don't forget to read the newsletter.

Remember to let us know if you are coming to the meeting by RSVPing. For members needing a ride to the meeting, please contact Barbara Harmon at (818)843-5472 or Ellie Knapp (661)607-2072. Looking forward to seeing each of you on 6/24/2019!

### **Sharon Leech, President-Chapter #026**

SAVE THE DATE FOR OUR NEXT MEETING ON MONDAY, AUGUST 26, 2019 LOCATION: HILL STREET CAFE

## YOU ARE INVITED! WE HOPE YOU'LL ATTEND! THE RPEA CHAPTER #026 LUNCHEON

When? Noon on Monday, June 24, 2019

Where? Joslyn Adult Center

1301 West Olive Avenue Burbank, CA 91506-2217

Lunch is free and will be a catered Italian luncheon!

Please RSVP to Sharon Leech by 6/22/2019:

By Phone - (818) 768-5945 or Email - snrleech2@yahoo.com



# NEW AUGUST MEETING LOCATION

## HILL STREET CAFE

In effort to keep things interesting, the Board is having the August meeting at the Hill Street Café in Burbank. The restaurant is located at: 3301 North Glenoaks Boulevard, Burbank, CA 91504 Phone: (818)845-0046 - Across the street from Woodbury University.

You will have your choice of four or five entrees and choice of specified drinks. We will be meeting in the rear meeting room. The hostess can direct you and there is plenty of parking adjacent to the restaurant. We will have more information in the next newsletter.

Mary Jo Watkins, Vice President/Newsletter Editor

You may be someone who cannot attend luncheon meetings, but you want to support our efforts to protect your pension and health care benefits. If you want more information or want to have an application mailed to you, phone toll free 1-800-443-7732, or email rpeahq@rpea.com. For an online application, go to www.rpea.com. Make sure you update any changes to your email or life events with RPEA so we can forward any important information regarding your pension or benefits.