



# Retired Public Employees' Association

## Chapter 043 - Yolo, Sutter, Yuba Counties, Area VII

4TH Quarter, 2023

*We are active and retired California public employees working together to maintain and improve the quality of the lives of our members by protecting and improving retirement, medical and other benefits.*

**NEXT GENERAL MEETING: THURSDAY, November 9, 2023**

**CRACCHIOLO'S, 11:30AM, 1320 E. MAIN, WOODLAND**

Floyd Kemper, Editor, [floydk@wavecable.com](mailto:floydk@wavecable.com)

## MEDICARE - EVERYTHING YOU WERE AFRAID TO ASK

Our guest speaker for the November general business meeting is Carolyn Washington from HICAP Services of Northern California. Her job is to provide education and counseling services about Medicare and healthcare choices available to seniors.



Carolynn has dedicated her career in the nonprofit sector in helping people to better their lives. Her parents were both service oriented people who gave her the passion to help people. She began while in high school and still continues 25 years later by working as the Education and Outreach coordinator for HICAP services. HICAP provides free counseling, advocacy, education and information to help seniors understand Medicare and plan for their healthcare insurance needs.

Be sure to make your reservation early to attend this important meeting and to also enjoy an early turkey dinner with your friends. This is our traditional pre-Thanksgiving lunch featuring turkey, stuffing, mashed potatoes, gravy and of course pumpkin pie. Cost of the meal is only \$15 for members and \$20 for non-members. Guests eligible for full RPEA membership may eat free. Due to the popularity of this event, reservations are required and need to be placed by November 6th. Call Loran Vetter at 530-662-9985 to reserve.

Please note, we are offering a free lunch to persons bringing a possible new member to the meeting. Be sure to let Loran know if you are doing this.

## CHAPTER 43 PRESIDENT HEALTHY RETIREMENT OR?

Happy Fall Everyone;

In my past working life I didn't think about medical insurance all that much. Yes, it's important to have medical insurance. I just didn't use it much. As a matter of fact, when I retired I had over 1600 hours of sick leave built up. I worked in law enforcement for 28 years and came in contact with all kinds of ailments. School teachers, doctors, nurses, cops and other professions are constantly coming in contact with sick people. I'm not saying these are the only professions to come in contact with sicknesses but we dealt with a high concentration of ailments on a daily basis.

Now that I'm retired I have used medical insurance regularly. It seems I can't get a break. A knee replacement in April and two eye surgeries in my left eye. Guess what - two more to come in my right eye.

I am fortunate though. I have Medicare part A and B and a supplemental plan through United Health Care. Not all the people out there are as lucky as I am and can afford a supplemental plan. I don't know what I'd do without it. I can only imagine the financial hole that I would have if

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## EARN A FREE LUNCH - INVITE A FRIEND

We need new members. Help us and yourself by inviting an eligible retiree to our next general meeting. Just let Loran know who you are bringing when you RSVP and your lunch is totally free for both of you.. There is no obligation for your friend to join, but we hope they will see the benefit of membership.

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## CHAPTER 43 PRESIDENT

it wasn't for the supplemental insurance I pay for.

Now I've said all of that to say this. At our meeting on November 9th our guest speaker will be talking about Medicare and it's options. Most of us have part A and B. But there are other parts to Medicare - parts C and D for example. I'm not going to tell you I understand what this means but we're going to find out along with other information about medical insurance. I think you'll find this very informative.

Please plan on attending our next R.P.E.A. general membership meeting on November 9th at 11:30 am. At this meeting we will have our traditional Thanksgiving meal. I can't wait! We'll also be taking nominations for Chapter officers. If you're interested in being an officer or director, come and throw your proverbial hat in the ring. Whether you want to be an officer of our chapter or just want to find out what's happening state wide that effects your retirement please come.

I look forward to seeing you,  
 Chuck Kolb, President R.P.E.A Chapter 43.

## LEGISLATIVE NEWS

### Legislative committee year end meeting

Some of the bills we supported were signed into law, some vetoed, and some live on for one more year.

We were disappointed in the veto of our sponsored bill (AB 469 California Public Records Act Ombuds-person) which would have created an ombuds-person to investigate agencies who thwart existing laws forcing one to go to court.

In his veto message the governor cited the bill was

unneded, redundant and cost money the state doesn't have.

There will be a full listing in the next RPEA news-letter letter.

Eric Thompson

## CAPTANE "CAP" THOMSON

July 4, 1930 - July 30, 2023

Chapter 43 is saddened by the passing of one of our most interesting and popular members, Cap Thomson, age 93. Cap was well known in the Yolo County community as a dedicated mental health professional and active member of Rotary and other community groups. Music fans will remember Cap as the banjo player of the Crawdads who often performed for Chapter 43 at our lunch meetings.

Dr. Captane Peter Thomson was a native of Berkley, attended college at UC Berkley and received his M.D. from UC San Francisco. He moved to Yolo County in 1965 to assume the leadership of the Yolo County Mental Health Services. Both he and his wife, Helen, are active members of RPEA and we wish Helen and the Thomson family our sympathy as we all remember Cap as a husband, father and a great friend.



# BINGO

No BINGO this month. BINGO will resume at the February Member Luncheon.

## In Memoriam

Captane Thomson Davis

### ONLINE MEMBER RENEWAL

Members wishing to pay online for their membership renewals should use the following link:

<https://store.rpea.com/products/single-membership-renewal>

## Welcome To Chapter 43

<i>Dennis Thompson</i>	<i>Vacaville</i>
<i>Ronald Arthur</i>	<i>Woodland</i>
<i>Jeffery Polder</i>	<i>Vacaville</i>
<i>Margaret Bush</i>	<i>Meridian</i>
<i>Peder Eriksson</i>	<i>Woodland</i>
<i>April Marshall</i>	<i>St Louis, MO</i>

## TIS THE SEASON . . . TO DONATE TO THOSE IN NEED

BY LORAN VETTER

Hi Everyone,

I can't believe that we are in the midst of Fall already. We are starting to look forward to holidays, friendship, and good food. It is funny how our stomachs always seem to come into play during the Holiday Seasons. We will be having our Thanksgiving Feast at Cracchiolos on November 9, 2023. I'm really looking forward to seeing you all there. As has been our habit, we ask attendees of this meeting to bring an item for someone less fortunate as a donation. This year we have chosen to support the Personal Care Pantry (PCP) at United Methodist Church on North Street in Woodland.

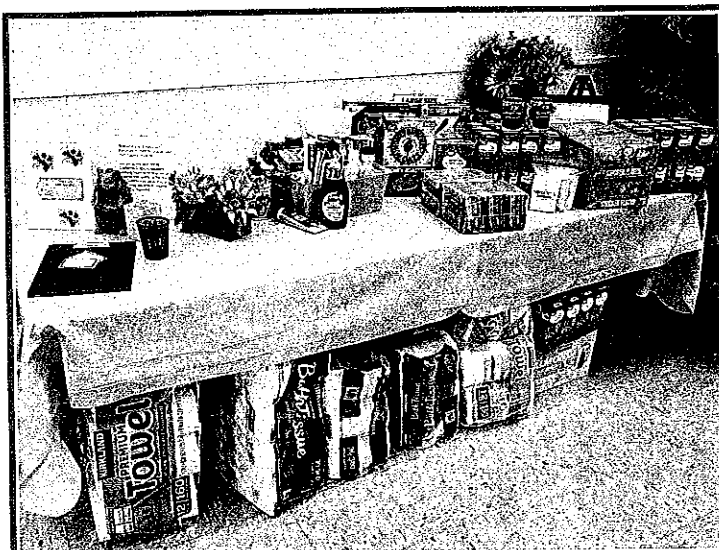


In case it has slipped your mind, let me remind you about this program and the good it does in our communities. The Personal Care Pantry provides things that most Food Banks do not carry. It provides items such as shampoos, laundry soap, toilet paper, deodorant, tooth brushes and tooth paste, diapers, adult hygiene products, and items needed for women's personal hygiene. PCP receives no government grants and is operated solely on donations from church members, contributions and community grants from local community programs such as Rotary, Elks, etc. It does not advertise its services. People learn about the Personal Care Pantry through word of mouth. This program caters to what can be termed the "working poor", families who are working, but not earning enough to carry them through the month.

This last year has been extremely hard on low income families with inflation, steep increases in the price of most everything and the end of some of the subsidies associated with the pandemic. PCP has also faced those same price increases (even the Dollar Store increased prices on most things to \$1.25). Last year at this time, PCP was averaging 80 to 100 visitors per month with a total family estimation somewhere between 600-800. The average cost last year was \$600.00 per month. This year, they are averaging between 150 and 180 visitors with a total family estimation of 700-900. The cost has jumped to \$1200 per month. These budgets do not include the pur-

chase of diapers or Adult Personal Hygiene products and those are the most expensive items they provide.

PCP has been fortunate to receive donations of these products, but they are now in desperate need of Adult Hygiene Products and feminine hygiene products. We ask that you keep that in mind for any donations you may choose to make. If you choose to make a check or cash donation, please remember to make out your checks to Woodland Methodist Church with a note on the check that it is for the Personal Care Pantry.



**This table is loaded with donations to the Personal Care Pantry at last November's Thanksgiving Lunch meeting. Note that below the table is full also. Maybe we can do better this year by sharing our thanksgiving.**

### **SPECIAL REQUEST TO YUBA - SUTTER MEMBERS**

*We are seeking board members from your area to help give us better representation. Please consider having your name nominated at this meeting.*



Retirement is wonderful.  
It's doing nothing without  
worrying about getting  
caught at it.

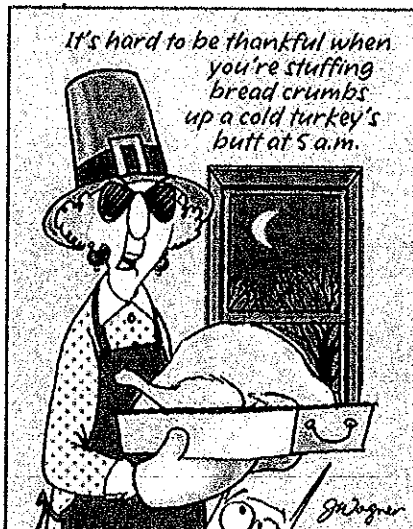
GENE FERRET



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 SACRAMENTO CA 95811-6912

T00062  
 10/27/2023



**LUNCH RESERVATION DEADLINE IS NOVEMBER 6**  
**CALL LORAN AT 530-662-9985 TO RSVP**  
**REMEMBER TO HELP OTHERS AS WE CELEBRATE OUR THANKSGIVING**



**GENERAL MEMBERSHIP**  
**MEETING DATES**  
**MARK YOUR CALENDAR**

Second Thursdays at  
 Cracchiolo's Hall, 11:30AM:

November 9, 2023  
 February 8, 2024  
 May 9, 2024  
 August 8, 2024

**BOARD & NEWSLETTER,**  
**COMMITTEE MEETINGS**

Second Mondays, 1 PM, at  
 Raley's Meeting Room:

January 8, 2024  
 April 8, 2024  
 July 8, 2024  
 October 14, 2024

**2023 OFFICERS, BOARD MEMBERS AND CHAIRPERSONS**

<b>President:</b> Chuck Kolb	530-908-5479	jckolb371@gmail.com
<b>Vice-President:</b> Elizabeth Kemper	530-383-1648	busybeth@wavecable.com
<b>Secretary:</b> Loran Vetter	530-662-9985	loranvetter@yahoo.com
<b>Treasurer:</b> Paula Cooper	530-668-1852	queenpaula@pacbell.net
<b>Membership Chair:</b> Floyd Kemper	530-383-1613	floydk@wavecable.com
<b>Legislative Chair:</b> Don Ishikawa		dishi8459@yahoo.com
<b>Sunshine Chair:</b> Ruth Tucker	530-383-2009	r.tucker8450@sbcglobal.net
<b>Newsletter:</b> Floyd Kemper	530-383-1613	floydk@wavecable.com
<b>Historian:</b> Judy Nicholson	530-668-8776	milholm@sbcglobal.net
<b>At Large:</b> Linda Koontz	530-662-0082	wkoontz@dcn.org
<b>At Large:</b> Eric Thompson	530-758-3098	elt@pacbell.net
<b>At Large:</b> Deborah Brown	530-681-5532	1727gizmo@gmail.com