

Retired Public Employees Association

TRI VALLEY Chapter 075

Editor: open position

May/June 2019

A MESSAGE FROM OUR PRESIDENT

Dear Members,

It is the first day of May and I just finished my second cup of coffee. Like you, I am wondering why time keeps passing so quickly.

Last week I attended a district meeting of the Retired California School Employees Association in San Jose at the South Bay Field Office. We met in the same room the CalPERS Board meets in when they come to San Jose.

One of our speakers was Henry Jones, President of the CalPERS Board. He gave us a concise and understandable presentation of the health of our pension fund and some of the changes in investment strategy to make our fund viable for the long haul, for those yet to retire. While we may be thinking short term as we pay our bills, decide where we may have to move for the best care and quality of life, the fiduciary responsibility of the CalPERS Board is long term.

Another speaker at this gathering was Dr Stienke, who discussed our medications and how they affect our brains. Like you, I can't remember why I walked from the kitchen to the bedroom. I know it is because I have so many memories in my brain that I have no room for the little thing like remembering why I took that short walk to the bedroom. I'm not worried. He also talked about medical cannabis and answered many questions.

Each year I look forward to this meeting because I get so much information to keep me up to date as a retired CalPERS recipient.

Do you have special plans for your summer? A long-planned trip, camping, visiting grandkids? If not a big trip, there are always things to do close to home. Here in the TriValley our county fair starts in late June. There is always a lot going on there each year, and there are special free admission days for seniors! Whatever your plans, keep moving.

Now it's time for me to get moving and out the door.

I look forward to seeing you at our June meeting.

Sincerely,
Dona Allen

MEETING TIME AND PLACE

Our next General Meeting will be held on Thursday, June 6 at 10:45 a.m. at Emil Villa's Hickory Pit, 3054 Pacific Avenue, (off South Livermore Ave.), Livermore, CA. Please RSVP Muriel at 925-447-1920 or email msprin9991@aol.com by Tuesday, June 4. Late calls for reservations are acceptable.

JUNE SPEAKER

Waiting on confirmation from CalPERS for a speaker for June.

Quote from Really Important Stuff:

"If you answer the phone, be sure you remember the message." ☺

Would you prefer to receive your newsletter by email? Please send your name and email address to: Dona Allen: DONADonaA@aol.com

CHAPTER MEETINGS

Our chapter meets at 10:45 a.m. at Emil Villa's on the first Thursday of even months. Mark your calendar for these future meeting dates: Aug . Oct . Dec

Chapter 075 Officers & Committees

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