



## NEWSLETTER

**Chapter # 106, San Benito County Area III Volume 7 Issue 2**  
**March / April 2023**

### Greetings

**Margie Riopel, President**

*I hope this newsletter finds all of you happy and feeling well. We have had a lot of rain this year as compared to others. The recent storms have affected this County and others across the state. Be sure to keep informed about what is going on around you. Local updates can be found on the County of San Benito website at [www.cosb.us](http://www.cosb.us).*

*Our RPEA Luncheon was held on March 2, 2023, at Paine's Restaurant. Gary Byrne, CEO/President from the Community Foundation of San Benito County was our guest speaker. We all enjoyed his presentation as he explained what the Foundation does and how those efforts have benefited this community. It was very impressive and the list was long. He answered questions posed by the members. It was a great opportunity to understand how fortunate we are to have a Community Foundation in San Benito County. We appreciate that he made time to meet with us. Thank you to all members who attended and participated in making it a big success.*

### **Save the Date! June 1, 2023 - RPEA Luncheon Meeting**

*I hope you will be able to join us at our next RPEA Luncheon Meeting that is scheduled for June 1, 2023 at 11:30 at Paine's Restaurant, 421 East Street, in Hollister. Save the Date!*

*An agenda, information about the luncheon and who will be our speaker will be sent out as soon as it is finalized.*

### **Tax Season .....**

#### **Do you qualify for the extension to file your 2022 taxes and estimated tax payments in 2023?**

Recently, the Internal Revenue Service (Federal) and the Franchise Tax Board (State of California) announced a second extension date for taxpayers in disaster-stricken areas. There is also relief for qualified disaster losses for both personal and businesses losses. It is important to check with your accountant, tax preparer and/or the official state and federal websites in order to ensure your eligibility and details.

For IRS (Federal filing) extension information, go to the [www.irs.gov](http://www.irs.gov) website and type in the search bar the following: "IR-2023-33"

For FTB (California filing) extension information, go the [www.ftb.ca.gov](http://www.ftb.ca.gov) and type in the search bar the following: "Emergency Tax Relief"

**Jacki Credico, Membership Chair**

### **Will You Consider Donating Your Blood Or Platelets To Help Save Lives?**

*The Red Cross is always in need of blood and platelet donors. As a retiree, this is another way to give to our communities and help those in need. One donation may only take an hour or two out of your day and may save up to 3 lives! Donors also often express feelings of great personal satisfaction through being able to help others with the greatest gift of life.*

*All blood types are needed to ensure a reliable supply for patients. Individuals who weigh at least 110 pounds and are in generally good health may be eligible to donate blood. The donor's health and safety is always of the highest priority and an extensive and thorough screening is done by professional and medical staff on each visit prior to allowing an individual to donate. If you have never donated, it's not too late to start! Please consider donating if you are healthy and meet the criteria. For more information and to make an appointment, go to [redcrossblood.org](http://redcrossblood.org) or call [1-800-RED CROSS](tel:1-800-RED-CROSS).*

*Appointments are required.*

*The local blood donation center for San Benito County operates the third Thursday of every month from 10am – 3pm at the following address:*

*Church of Jesus Christ of Latter-day Saints  
1670 Cienega Road  
Hollister, CA 95023*



*New Assemblymember Stephanie Nguyen of Sacramento is carrying a bill Co-Sponsored by RPEA.*

*The bill, AB 1246, seeks to make some non substantive changes to optional settlements chosen upon retirement-but what this bill really does is seek to clarify the semantics of the currently written law: Government Code 21462.*

*The semantics in question relate to the word "pursuant" and the word "under." According to a Legal Dictionary, pursuant links one provision to another on which it is dependent and has been found to be ambiguous. "Under" on the other hand, is used when something is merely related to another thing .*

*So it appears that it was necessary to bring forward a bill to clarify that changes in optional settlements—you know the election we made at retirement that tells CalPERS what to do with the remainder of our retirement when you die, will now be related to the other provisions of this specific Government Code (21462) and not dependent on it.*

*Why is this important? Well, I guess if you are someone who finds themselves having to change your beneficiary because of a qualifying event : beneficiary pre-deceases you, divorce, annulment, marriage, domestic partnership etc, you will be happy to know that this semantic change makes having to do so much easier.*

*If this bill becomes law, and you happen to have to use this provision of the law, let us know if it truly did make a difference—since semantics is defined as the meaning of words and how to interpret them.*

*Therefore, shall we support this legislation "pursuant" to the changes it seeks to make or "under" those changes?*

**Freezer Food – Time and Money!!**

Now that my husband and I have moved, and there are less family and friends around, I really miss cooking large meals. Cooking is my relaxation mode. I recently visited a friend in San Diego, who is a single woman who also loves to cook. She also works full time as a visiting nurse and by the time she gets home at night, she doesn't want to cook for just one. Or in my case, two. She told me she freezes everything. Upon returning home, I started looking at everything I was cooking, and asked myself how can I freeze this? I've always frozen soups, pasta sauce and cookies. But now I'm looking at everything differently – how many servings can I freeze? I always make more than just 1 or 2 servings per meal. Sometimes I wake up and think I would just like a piece of bacon with my toast. The other morning, I cooked a whole pound of bacon, then wrapped individual bacon slices and put them in the freezer. I baked banana bread, sliced it into individual pieces, wrapped it and froze it. This is ingenious – why didn't I think of this before? That means I get my fix for cooking big, but I also have nutritious meals or snacks waiting for us in the freezer when I don't feel like cooking or when I'm out of town, the husband has no excuses "there's nothing to eat." I would encourage everyone to use this trick for convenience but more importantly for the nutritional aspects of our senior diets. I wrap everything in either foil or plastic wrap and then put into a bag designated for freezer use to protect your goodies. Share with the group your favorite freezer meals or snacks.

**RPEA Chapter #106 current bank balance is \$3,721.94.**



**Chapter Board of Directors**

**President:** Margie Riopel [mmriopel@aol.com](mailto:mmriopel@aol.com) (831)801-8306

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**Secretary:** Mandy Rose, [normandyannrose@gmail.com](mailto:normandyannrose@gmail.com) , (831)801-1254

**Treasurer:** Catherine Shaw [catshaw@sbcglobal.net](mailto:catshaw@sbcglobal.net) (408)804-2404

**Board Meetings** are scheduled the first Thursdays of the months of January, April, August & in November. These are usually Zoom meetings and notices will be sent out via email to membership.

**General Meetings** are scheduled on the first Thursdays of the months of January, March, June, September and December. Luncheon meetings are held at 11:30am at Paine's Restaurant, 421 East Street, Hollister, California 95023.

**Chapter Committee Chairs**

**Membership Committee Chair:** Jacki Credico

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**Legislative Committee Chair:** Mandy Rose

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